



CONSENT AND UK REGULATIONS

Which is not a definition of an informed consent?

0/1

A decision to participate in research, taken by a competent individual who has received the necessary information; who has adequately understood the information, and who, after considering the information, has arrived at a decision without having been subjected to coercion, undue influence or inducement, or intimidation

A process for getting permission before conducting a healthcare intervention on a person

The process by which the treating health care provider discloses appropriate information to a competent patient so that the patient may make a voluntary choice to accept or refuse treatment

For consent to be valid, it must be involuntary and informed, and the person consenting must have the capacity to make the decision

Correct answer

For consent to be valid, it must be involuntary and informed, and the person consenting must have the capacity to make the decision



When do you gain consent from a patient and consider it valid?

0/1

Only if a patient has the mental capacity to give consent

Only before a clinical procedure

None of the above

Correct answer

None of the above

What do you have to consider if you are obtaining a consent from the patient?

1/1

Understanding

Capacity

Intellect

Patient's condition

The following must be considered in procuring a consent, except:

1/1

Respect and support people's rights to accept or decline treatment or care

Withhold people's rights to be fully involved in decisions about their care

Be aware of the legislation regarding mental capacity

Gain consent before treatment or care starts



A patient is assessed as lacking capacity to give consent if they are unable to:

1/1

Understand information about the decision and remember that information

Use that information to make a decision

Communicate their decision by talking, using sign language or by any other means

All the above

What are the principles of gaining informed consent prior to a planned surgery?

0/1

Gaining permission for an imminent procedure by providing information in medical terms, ensuring a patient knows the potential risks and intended benefits

Gaining permission from a patient who is competent to give it, by providing information, both verbally and with written material, relating to the planned procedure, for them to read on the day of planned surgery

Gaining permission from a patient who is competent to give it, by informing them about the procedure and highlighting risks if the procedure is not carried out

Gaining permission from a patient who is competent to give it, by providing information in understandable terms prior to surgery, allowing time for answering questions, and inviting voluntary participation

Correct answer



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Gaining permission from a patient who is competent to give it, by providing information in understandable terms prior to surgery, allowing time for answering questions, and inviting voluntary participation

A client is brought to the emergency room by the emergency medical services after being hit by car. The name of the client is not known. The client has sustained a severe head injury, multiple fractures and is unconscious. An emergency craniotomy is required, regarding informed consent for the surgical procedure, which of the following is the best action?

0/1

Call the police to identify the client and locate the family

Obtain a court order for the surgical procedure

Ask the emergency medical services team to sign the informed consent

Transport the victim to the operating room for surgery

Correct answer

Transport the victim to the operating room for surgery

An adult has been medicated for her surgery. The operating room (OR) nurse, when going through the client's chart, realizes that the consent form has not been signed. Which of the following is the best action for the nurse to take?

0/1

Assume it is emergency surgery and the consent is implied

Get the consent form and have the client sign it

Tell the physician that the consent form is not signed

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Have a family member sign the consent form

Correct answer

Tell the physician that the consent form is not signed

A patient is scheduled to undergo an Elective Surgery. What is the least thing that should be done?

0/1

Assess/Obtain the patient's understanding of, and consent to, the procedure, and a share in the decision making process

Ensure pre-operative fasting, the proposed pain relief method, and expected sequelae are carried out and discussed

Discuss the risk of operation if it won't push through

The documentation of details of any discussion in the

Correct answer

Discuss the risk of operation if it won't push through

An adult is offered the opportunity to participate in research on a new therapy. The researcher ask the nurse to obtain the patient's consent. What is most appropriate for the nurse to take?

0/1

Be sure the patient understands the project before signing the consent form

Read the consent form to the patient and give him or her an opportunity to ask questions



Refuse to be the one to obtain the patient's consent

Give the form to the patient and tell him or her to read it carefully before signing it

Correct answer

Refuse to be the one to obtain the patient's consent

A 23-year-old-woman comes to the emergency room stating that she had been raped. Which of the following statements best describes the nurse's responsibility concerning written consent?

0/1

- The nurse should explain the procedure to the patient and ask her to sign the consent form
- The nurse should verify that the consent form has been signed by the patient and that it is attached to her chart
- The nurse should tell the physician that the patient agrees to have the examination
- The nurse should verify that the patient or a family member has signed the consent form

Correct answer

The nurse should verify that the consent form has been signed by the patient and that it is attached to her chart

A patient doesn't sign the consent for mastectomy. But bystanders strongly feel that she needs surgery.

1/1

- Allow family members to take decision on behalf of patient



- Doctor can proceed with surgery, since it is in line with the best interest and outcome
- Respect patients decision She has the right to accept or deny

The nurse is leading an in service about management issues. The nurse would intervene if another nurse made which of the following statements?

0/1

- “It is my responsibility to ensure that the consent form has been signed and attached to the patient’s chart prior to surgery”
- “It is my responsibility to witness the signature of the client before surgery is performed”
- “It is my responsibility to answer questions that the patient may have prior to surgery”
- “It is my responsibility to provide a detailed description of the surgery and ask the patient to sign the consent form”

Correct answer

“It is my responsibility to provide a detailed description of the surgery and ask the patient to sign the consent form”

An adult has signed the consent form for a research study but has changed her mind. The nurse tells the patient that she has the right to change her mind based upon which of the following principles.

0/1



- Paternalism and justice
- Autonomy and informed consent
- Beneficence and double effect
- Competence and right to know

Correct answer

Autonomy and informed consent

A patient puts out his arm so that you can take his blood pressure. What type of consent is this?

0/1

Verbal

Written

Implied

None of the above, consent is not required

Correct answer

Implied

What is right in case of consent among children under 18?

0/1

Only children between 16-18 are competent to give it

Parents are responsible to give consent with children

Children who are intellectually developed and understand matters can give consent

Correct answer

Children who are intellectually developed and understand matters can give consent



Which is true about safeguarding children under 16 years old?

0/1

Children can consent if the parents agree first

Only ages 16-17 can provide consent

Only children who has capacity understanding and knowledge can consent

Children under 16 lack capacity

Correct answer

Only children who has capacity understanding and knowledge can consent

What is meant by 'Gillick competent'?

0/1

- Children under the age of 12 who are believed to have enough intelligence, competence and understanding to fully appreciate what's involved in their treatment
- Children under the age of 16 who are believed to have enough intelligence, competence and understanding to fully appreciate what's involved in their treatment
- Children under the age of 18 who are believed not to have enough intelligence, competence and understanding to fully appreciate what's involved in their treatment
- Children under the lawful age of consent who are believed not to have enough intelligence, competence and understanding to

Correct answer



Children under the age of 16 who are believed to have enough intelligence, competence and understanding to fully appreciate what's involved in their treatment

After death, who can legally give permission for a patient's body to be donated to medical science?

1/1

Only the patient, if they left instructions for this

The patient's spouse or next-of-kin

The patient's GP

The doctor in charge at the time of death

The Mental Capacity Act sets out principles for protection of liberty when caring for someone with reduced capacity.

Whenever possible, nurses must attempt to create an environment where restraint is not going to be necessary. This is reliant upon which principle?

1/1

It is a requirement and all feasible steps to avoid the use of restraint must be explored

Any action taken must be the least harmful' intervention in the circumstance

The aim is to balance the patient's preferences to independence with their and other's safety

All of the above options are correct

Which is not part of the Independent Mental Capacity Advocate (IMCA) roles to patients?



0/1

- Safeguards rights of people who are facing a decision about a long-term move or about serious medical treatment
- Safeguards rights of people who lack capacity to make a specified decision at the time it needs to be made
- Safeguards rights of people who have nobody else who is willing and able to represent them or be consulted in the process of working out their best interests, and other than paid staff
- Safeguards rights of people who have reduced capacity and wants to sell their homes to undergo medical treatment

Correct answer

Safeguards rights of people who have reduced capacity and wants to sell their homes to undergo medical treatment

A patient with learning disability is accompanied by a voluntary Independent Mental Capacity Advocate. What is his role?

1/1

Express patients' needs and wishes Acts as a patient's representative in expressing their concerns as if they were his own

Just to accompany the patient

To take decisions on patients behalf and provide their own judgements as this benefit the client



Is an expert and represents clients concerns, wishes and views as they cannot express by themselves

Examples of situations where it may be appropriate for the nurse to instruct an IMCA?

0/1

The family member or friend is not willing to be consulted about the best interests decision

The family member or friend is too ill or frail

There are reasons which make it impractical to consult with the family member or friend, for example, they live too far away

A family member or friend may refuse to be consulted There is abuse by the family member or a friend

Correct answer

A family member or friend may refuse to be consulted There is abuse by the family member or a friend

Annie, one of the residents in the nursing home, has not yet had her mental capacity assessment done. She has been making decisions that you personally think are not beneficial for her. Which of the following should not be implemented?

0/1

Force her to change her mind every time she makes a decision

Explain the benefits of making the right decision

Allow her to make her own decision, as she still has mental capacity



All of the above

Correct answer

Force her to change her mind every time she makes a decision

A mentally capable client in a critical condition is supposed to receive blood transfusion. But client strongly refuses the blood product to be transfused. What would be the best response of the nurse?

0/1

Accept the client's decision and give information on the consequences of his actions

Let the family decide

Administer the blood product against the patients decision

The doctor will decide

Correct answer

Accept the client's decision and give information on the consequences of his actions

A client wants to leave the hospital. The medical team is not happy with his clinical condition and judgement as per the Mental Health Act. What will you do?

0/1

- Let the client leave the hospital as he does not possess any threat to the public or is visibly ill
- Inform the security to hold the patient and not let him go away



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- Inform the police
- Counsel the patient to stay back in the hospital for his betterment

Correct answer

Counsel the patient to stay back in the hospital for his betterment

Mrs A is 90 years old and has been admitted to the nursing home. The staff seem to have difficulty dealing with her family. One day, during your shift, Mrs A fell off a chair. You have assessed her, and no injuries have been noted. Which of the following is a principle of the Duty of Candour?

0/1

- You will not ring the family since there is no injury caused by the fall
- You have liaised with the lead nurse, and she decided not to ring the family due to no harm
- Observe the patient, take her physical observations, and ask if you must call the family
- None of the above

Correct answer

Observe the patient, take her physical observations, and ask if you must call the family

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Maggie has been very physically and verbally aggressive towards other patients and staff for the last few weeks. She is now on one-to-one care, 24 hours a day. According to her person centred care plan, the nurses are looking after her very well preventing her from causing any harm. Behaviour has been discussed with the social worker, and clinical lead has applied for DoLS. Which of the following is correct?

0/1

- DoLS will allow staff to intervene depriving Maggie from doing something to hurt herself, other residents, and staff
- DoLS refers to protecting the other patients only from Maggie's destructive behaviour
- DoLS protects the nurses and doctors only when providing care for Maggie
- DoLS protects Maggie only from committing suicide

Correct answer

DoLS will allow staff to intervene depriving Maggie from doing something to hurt herself, other residents, and staff

A fully alert and competent 89-year-old client is in end-stage liver disease . The client says , "I'm ready to die," and refuses to take food or fluids . The family urges the client to allow the nurse to insert a feeding tube. What is the nurses moral responsibility ?

0/1

- The nurse should obtain an order for a feeding tube



- The nurse should encourage the client to reconsider the decision
- The nurse should honour client's decision
- The nurse must consider that the hospital can be sued if she honors the client's request

Correct answer

The nurse should honour client's decision

A patient asking for LAMA, the medical team has concern about the mental capacity of the patient, what decision should be made?

0/1

Call the police

Let the patient go

Encourage the patient to wait, by telling the need for treatment

Correct answer

Encourage the patient to wait, by telling the need for treatment

Mental Capacity Act 2005 explores which of the following concepts:

0/1

- Mental capacity, advance treatment decisions, and act's code of practice



- Mental capacity, independent mental capacity advocates, and the act's code of practice
- Mental capacity, advance treatment decisions, independent mental capacity advocates, and the act's code of practice
- Mental capacity and the possible ethical and legal dilemmas in its interpretation

Correct answer

Mental capacity, advance treatment decisions, independent mental capacity advocates, and the act's code of practice

A client has been voluntarily admitted to the hospital. The nurse knows that which of the following statements is inconsistent with this type of hospitalisation?

0/1

- The client retains all of his or her rights
- The client has a right to leave if not a danger to self or others
- The client can sign a written request for discharge
- The client cannot be released without medical advice

Correct answer

The client cannot be released without medical advice

What does assessing for no refusal means?

0/1



- That the person has not already refused treatment
- That the person cannot or is unable to refuse treatment
- That the person does not already have an advanced decision
- The person is already detained/ being treated under the mental health act

Correct answer

That the person does not already have an advanced decision

Wendy, 18 years old, was admitted on Medical Ward because of recurrent urinary tract infection (UTI). She disclosed to you that she had unprotected sex with her boyfriend on some occasions. You are worried this may be a possible cause of the infection. How will best handle the situation?

0/1

- Tell her that any information related to her well being will need to be share to the health care team
- Inform her parents about this so she can be advised appropriately
- Keep the information a secret in view of confidentiality
- Report her boyfriend to social services

Correct answer



Tell her that any information related to her well being will need to be share to the health care team

A client expressed concern regarding the confidentiality of her medical information. The nurse assures the client that the nurse maintains client confidentiality by:

0/1

- Sharing the information with all members of the health care team
- Limiting discussion about clients to the group room and hallways
- Summarising the information the client provides during assessments and documenting this summary in the chart
- Explaining the exact limits of confidentiality in the exchanges between the client and the nurse

Correct answer

Explaining the exact limits of confidentiality in the exchanges between the client and the nurse

The person with dementia should be involved in as much as possible in all communication relating to their care so they can give explicit consent. For people with dementia who are in the hospital or a care setting, consideration needs to be given to which of the following parliamentary act:

1/1

Mental Capacity Act

Deprivation of Liberty Act



Equality Act

National Patient Safety Act

Which law provides communication aid to patient with disability?

0/1

Communication Act

Equality Act

Mental Capacity Act

Children and Family Act

Correct answer

Equality Act

What law should be taken into consideration when a patient has hearing difficulties and would need hearing aids?

0/1

Mental capacity Act

Equality act

Communication law

Correct answer

Equality act

Hearing aid provide to client comes under which act?

0/1



Communication Act
Mental Capacity Act

Children and Family Act
Equality Act

Correct answer
Equality Act

A patient has been assessed as lacking capacity to make their own decisions, what government legislation or act should be referred to:

0/1

Health and Social Care Act (2012)
Mental Capacity Act (2005)
Carers (Equal opportunities) Act (2004)

All of the above

Correct answer
Mental Capacity Act (2005)

Under the Carers (Equal opportunities) Act (2004) what are carers entitled to?

0/1

Their own assessment
Financial support
Respite care

All of the above

Correct answer
All of the above



The Single Assessment Process was introduced as part of the National Service Framework for Older People (DH 2001) in order to improve care for this groups of patients.

0/1

True

False

What is the main aim of the End of Life Care Strategy (DH 2008)?

0/1

Identify a patient's preferred place of care

An assessment is used to identify how and where patients wish to be cared for at the end of life

Correct answer

An assessment is used to identify how and where patients wish to be cared for at the end of life

What is not included in the care package in a nursing home?

0/1

Laundry

Food

Nursing Care

Social Activities

Correct answer

Laundry

What is the use of Protected Meal Time?



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0/1

Patient get protection from visitors

Staff get enough time to have their bank

To give personal hygiene to patients who are confused

Patients get enough time to eat food without distractions while staff focus on people who needs help with eating

Correct answer

Patients get enough time to eat food without distractions while staff focus on people who needs help with eating

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