



Medical-Surgical (Others)

Total points

When should adult patients in acute hospital settings have observations taken?

0/1

When they are admitted or initially assessed A plan should be clearly documented which identifies which observations should be taken and how frequently subsequent observations should be done

When they are admitted and then once daily unless they deteriorate
As indicated by the doctor

Temperature should be taken daily, respirations at night, pulse and blood pressure 4 hourly

Correct answer

When they are admitted or initially assessed A plan should be clearly documented which identifies which observations should be taken and how frequently subsequent observations should be done

In doing neurological assessment,
ACVPU means:

0/1

Awake, conscious, voice, pain, unresponsive

Alert, confusion, voice, pain, unresponsive

Awake, conscious, verbalizes, pain, unresponsive



Alert, confusion, verbalizes, pain, unresponsive

Correct answer

Alert, confusion, voice, pain, unresponsive

A nurse is advised one hour vital charting of a patient, how frequently it should be recorded?

0/1

Every 3 hours

Every shift

Whenever the vital signs show deviations from normal

Every one hour

Correct answer

Every one hour

Why are physiological scoring systems or early warning scoring system used in clinical practice?

0/1

These scoring systems are carried out as part of a national audit so we know how sick patients are in the united kingdom

They enable nurses to call for assistance from the outreach team or the doctors via an electronic communication system

They help the nursing staff to accurately predict patient dependency on a shift by shift basis



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The system provides an early accurate predictor of deterioration by identifying physiological criteria that alert the nursing staff to a patient at risk

Correct answer

The system provides an early accurate predictor of deterioration by identifying physiological criteria that alert the nursing staff to a patient at risk

Accurate postoperative observations are key to assessing a patient's deterioration or recovery. The Modified Early Warning Score (MEWS) is a scoring system that supports that aim. What is the primary purpose of MEWS?

0/1

Identifies patients at risk of deterioration
Identifies potential respiratory distress

Improves communication between nursing staff and doctors
Assesses the impact of pre existing conditions on postoperative recovery

Correct answer

Identifies patients at risk of deterioration

National Early Warning Scoring systems:

0/1

Can help detect deteriorating patients
Must not be calculated before referring to another team



Use the patient's subjective complaints to calculate a score

Is a tool to measure patient's comfort level

Correct answer

Can help detect deteriorating patients

What are the six physiological parameters incorporated into the National Early Warning Scores?

0/1

Respiratory rate, oxygen saturation, temperature, systolic blood pressure, pulse rate and level of consciousness

Biomarkers, oxygen saturation, temperature, systolic blood pressure, pulse rate and level of consciousness

Oxygen saturation, temperature, systolic blood pressure, pulse rate, level of consciousness and oedema

Temperature, systolic blood pressure, pulse rate, level of consciousness, oedema and pupillary reaction

All of the above

Correct answer

Respiratory rate, oxygen saturation, temperature, systolic blood pressure, pulse rate and level of consciousness

A patient is agitated and is unable to settle. She is also finding it difficult to



sleep, reporting that she is in pain. What would you do at this point?

0/1

Ask her to score her pain, describe its intensity, duration, the site, any relieving measures and what makes it worse, looking for non verbal clues, so you can determine the appropriate method of pain management

Give her some sedatives so she goes to sleep

Calculate a pain score, suggest that she takes deep breaths, reposition her pillows, return in 5 minutes to gain a comparative pain score

Give her any analgesia she is due If she hasn't any, contact the doctor to get some prescribed Also give her a warm milky drink and reposition her pillows Document your action

Correct answer

Ask her to score her pain, describe its intensity, duration, the site, any relieving measures and what makes it worse, looking for non verbal clues, so you can determine the appropriate method of pain management

What does the term 'breakthrough pain' mean, and what type of prescription would you expect for it?

0/1

A patient who has adequately controlled pain relief with short lived exacerbation of pain, with a prescription that has no regular time of administration of analgesia



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Pain on movement which is short lived, with a qds prescription, when necessary

Pain that is intense, unexpected, in a location that differs from that previously assessed, needing a review before a prescription is written

A patient who has adequately controlled pain relief with short lived exacerbation of pain, with a prescription that has 4 hourly frequency of analgesia if necessary

Correct answer

A patient who has adequately controlled pain relief with short lived exacerbation of pain, with a prescription that has no regular time of administration of analgesia

A patient has just returned from theatre following surgery on his left arm. He has a PCA infusion connected and from the admission, you remember that they have poor dexterity with his right hand. He is currently pain free. What actions would you take?

0/1

Educate the patient's family to push the button when the patient asks for it

Encourage them to tell the nursing staff when they leave the ward so that staff can take over

Routinely offer the patient a bolus and document this clearly



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Contact the pain team/anaesthetist to discuss the situation and suggest that the means of delivery are changed

The patient has paracetamol qds written up, so this should be adequate pain relief

Correct answer

Contact the pain team/anaesthetist to discuss the situation and suggest that the means of delivery are changed

What infection is thought to be caused by prions?

1/1

Leprosy

Pneumocystis jirovecii

Norovirus

Creutzfeldt-Jakob disease

None of the above

A patient was brought to the A&E and manifested several symptoms: loss of intellect and memory; change in personality; loss of balance and co-ordination; slurred speech; vision



problems and blindness; and abnormal jerking movements. Upon laboratory tests, the patient got tested positive for prions. Which disease is the patient possibly having?

0/1

Acute Gastroenteritis
Creutzfeldt-Jakob Disease
HIV/AIDS

Hepatitis

Correct answer

Creutzfeldt-Jakob Disease

One of the characteristics of new variant Creutzfeldt-Jakob Disease (nvCJD) is that it affects a much younger age group, although the incubation period still appears to be a number of years. Nursing management includes:

0/1

Administering amphotericin



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Providing supportive care
Initiating isolation procedures
Preparing for organ donation

Correct answer

Initiating isolation procedures

You are preparing to consider a Tuberculin (Mantoux) skin test to a client suspected of having TB. The nurse knows that the test will reveal which of the following?

0/1

How long the client has been infected with TB

Active TB infection

Latent TB infection

Whether the client has been infected with TB bacteria

Correct answer

Latent TB infection

How do you ensure the correct blood to culture ratio when obtaining a blood culture specimen from an adult patient?

0/1



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Collect at least 10 mL of blood

Collect at least 5 mL of blood

Collect blood until the specimen bottle stops filling

Collect as much blood as the vein will give you

Correct answer

Collect at least 10 mL of blood

If blood is being taken for other tests, and a patient requires collection of blood cultures, which should come first to reduce the risk of contamination?

1/1

Inoculate the aerobic culture first

Take the other blood tests first

Inoculate the anaerobic culture first

The order does not matter as long as the bottles are clean

Which of the following senses is to fade last when a person dies?

0/1

Hearing

Smelling

Seeing

Speaking



Correct answer

Hearing

Last sense lost of a dying patient?

0/1

Sight

Hearing

Smell

Touch

Correct answer

Hearing

Perdue (2015) categorizes constipation as primary, secondary or iatrogenic. What could be some of the causes of iatrogenic constipation?

0/1

Inadequate diet and poor fluid intake

Anal fissures, colonic tumours or hypercalcaemia

Lifestyle changes and ignoring the urge to defaecate

Antiemetic or opioid medication

Correct answer

Antiemetic or opioid medication



Some drugs are more likely to cause drug reactions than others. These are high molecular weight compounds especially in the case of insulin or if drugs bind to proteins called haptens-forming complexes that can cause an immune response. What route is the most likely cause of an allergic reaction?

1/1

Oral route

Parenteral route

Topical route

All of the above

Promotion of a safety climate is a cornerstone of prevention of transmission of patient in health care. What is the least factor to contribute to promoting a safe care environment?

0/1



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Keeping the walls and floors clean, dry and nonslip

Keeping the environment cool enough to promote ventilation

Keeping the medical equipment well-maintained

Keeping the storage of medications safe and organized

Correct answer

Keeping the environment cool enough to promote ventilation

Which statement is not true about acute illness?

0/1

A disease with a rapid onset and/or a short course one

It will eventually resolve without any medical supervision

It is rapidly progressive and in need of urgent care

It is prolonged, do not resolve spontaneously, and is rarely captured completely

Correct answer

It is prolonged, do not resolve spontaneously, and is rarely captured completely

What is not included in Palliative Care?

1/1

Psychological support

Spiritual support

Resuscitation

Pain management

In hospitalised patients:



0/1

Cardiac arrest is usually sudden and unexpected event

Pulse oximetry is a reliable indicator of ventilation

Urine output is a good predictor of cardiac output

ECG monitoring is always required

Correct answer

Urine output is a good predictor of cardiac output

When the IV route of medicine administration is favoured against the oral route, the nurse should consider the following reasons, except:

0/1

Cannot be absorbed in the alimentary tract

GI secretions lessens effect

Need immediate effect

There is an oral alternative

Correct answer

There is an oral alternative

Population groups at higher risk of having a low vitamin D status include the following except:



0/1

People who have darker skin

People who have high exposure to the sun

People who have low exposure with the sun

People who cover their skin for cultural reasons

Correct answer

People who have high exposure to the sun

An adult woman is admitted with metabolic acidosis . Which set of arterial blood gases should the nurse expect to find in a client with metabolic acidosis?

0/1

pH 7.28 ; pCO₂ -55; HCO₃ -26

pH 7.50 ; pCO₂ -40 ; HCO₃ -31

pH 7.48 ; pCO₂ -30 ; HCO₃ -22

pH 7.30 ; pCO₂ -36 ; HCO₃ -18

Correct answer

pH 7.30 ; pCO₂ -36 ; HCO₃ -18

Which layer of the skin contains blood and lymph vessels. Sweat and sebaceous glands?



0/1

Epidermis

Dermis

Subcutaneous layer

All of the above

Correct answer

Dermis

Reason for dyspnoea in patients who was diagnosed with Glomerulonephritis patients?

0/1

Albumin loss increase oncotic pressure causes water retention in cells

Albumin loss causes decrease in oncotic pressure causes water retention causing fluid retention in alveoli

Albumin loss has no effect on oncotic pressure

Correct answer

Albumin loss causes decrease in oncotic pressure causes water retention causing fluid retention in alveoli

An 8 year old girl with learning disabilities is admitted for a minor surgery, she is very restless and agitated and wants her mother to stay with her, what will you do?



0/1

Advice the mother to stay till she settles
Act according to company policy

Tell her you will take care of the child
Inform the Doctor

Correct answer

Advice the mother to stay till she settles

After IV dose patient develops, rashes,
itching, flushed skin

0/1

Septecimia

Adverse reaction

Correct answer

Adverse reaction

If your patient is unable to reposition
themselves, how often should their
position be changed?

0/1

1 hourly
2 hourly
3 hourly

As often as possible



Correct answer

2 hourly

A slow and progressive disease with no definite cure, only symptomatic management?

0/1

Acute

Chronic

Terminal

Correct answer

Terminal

Which of the following is not a symptom of impacted earwax?

0/1

Dizziness

Dull hearing

Reflux cough

Sneezing

Correct answer

Sneezing



You were administering a pre-operative medication to a patient via IM route. Suddenly, you developed a needle-stick injury. Which of the following interventions will not be appropriate for you to do?

1/1

Prevent the wound to bleed

Wash the wound using running water and plenty of soap

Do not suck the wound

Dry the wound and cover it with a waterproof plaster or dressing

Chemoreceptors monitor the arterial blood for changes which may then affect respiration. What range is considered normal for blood pH?

0/1

7.25-7.35

7.35-7.45

7.45-7.55

7.55-7.65

Correct answer

7.35-7.45



Increased serum levels of epinephrine increase body temperature by:

0/1

- Increasing shivering
- Increasing muscle tone
- Increasing heat production
- Decreasing basal metabolic rate

Correct answer

Increasing heat production

Sudden temperature elevations regardless of the cause affect many organ systems of the body. What are the most notable physiological changes seen in hyperthermia?

0/1

- Vasoconstriction, shivering and increased carbon dioxide excretion
- Reduced sweat gland activity, shivering and increased need for oxygen
- Vasodilation, shivering and increased need for oxygen

Increased sweat gland activity, shivering and increased carbon dioxide excretion

Correct answer

Vasoconstriction, shivering and increased carbon dioxide excretion



In hypothermia:

1/1

The viscosity of the blood is decreased

Acidosis can develop

The hypothalamic centre prevents shivering

All of the above options are correct

The rationale for introducing a systematic tool was to provide an early warning of any potential problems with the patients' vital signs. Which statement is not pertinent to the NEWS?

0/1

Patients admitted to the theatre, surgical or respiratory ward may have their oxygen saturation measured as routine every 12 hours

Patients admitted in the ICU and high dependency units should be monitored for oxygen saturations as an essential parameter when recording the patient's vital signs

Urine output is an essential part of monitoring vital signs and if after 2 hours the urine output is less than 60 mL senior members of the healthcare team need to be informed

The patient's conscious level is assessed by the ACVPU and if there is a cause for concerns NEWS should be repeated every 15 minutes while the medical team is contacted for review of within the hour



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Correct answer

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